

# SweetWARE

## Menu Nutrition Report

10:28 AM 8/24/2018  
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<b>Pasta, Pesto's Italian Restaurant</b>
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Menu Item					Portion	Price
<b>Pasta</b>						
Alfredo, Fettucine					1 serving (85g)	15.95
Calories	860	Fat	48 g	Sat Fat	29 g	Trans Fat 1.5 g
Cholest	130 mg	Carbs	82 g	Tot Sugar	4 g	Fiber 6 g
Protein	26 g	Sodium	720 mg			
Bolognese, Spaghetti					1 serving (113g)	17.95
Calories	200	Fat	10 g	Sat Fat	4 g	Trans Fat 0 g
Cholest	30 mg	Carbs	16 g	Tot Sugar	3 g	Fiber 2 g
Protein	12 g	Sodium	75 mg			
CONTAINS: milk						
Burina, Penne					1 serving (57g)	17.95
Calories	700	Fat	24 g	Sat Fat	8 g	Trans Fat 2.5 g
Cholest	65 mg	Carbs	67 g	Tot Sugar	6 g	Fiber 3 g
Protein	22 g	Sodium	660 mg			
Marinara, Spaghetti					1 serving (113g)	14.95
Calories	160	Fat	7 g	Sat Fat	2 g	Trans Fat 0 g
Cholest	5 mg	Carbs	21 g	Tot Sugar	0 g	Fiber 2 g
Protein	4 g	Sodium	340 mg			
CONTAINS: Milk						
Puttanesca, Penne					1 portion (170g)	16.95
Calories	160	Fat	7 g	Sat Fat	1 g	Trans Fat 0 g
Cholest	0 mg	Carbs	21 g	Tot Sugar	3 g	Fiber 3 g
Protein	5 g	Sodium	490 mg			
CONTAINS: anchovy						